

North Country Region

*Coos County, New Hampshire
Grafton County, New Hampshire*

2022

Community Health Needs Assessment Executive Summary

NCH | Androscoggin Valley
Hospital
north country healthcare

NCH | Upper Connecticut
Valley Hospital

NCH | Weeks Medical Center
north country healthcare

NCH | North Country Home
Health & Hospice Agency
north country healthcare



Community Health Needs Assessment (CHNA) Overview

CHNA Purpose

A CHNA is part of the required hospital documentation of “Community Benefit” under the Affordable Care Act for 501(c)(3) hospitals. It provides comprehensive information about the community’s current health status, needs, and disparities and offers a targeted action plan to address these areas, including programmatic development and partnerships.



Strategic Benefits

- Identify health disparities and social determinants to inform future outreach strategies
- Identify key service delivery gaps
- Develop an understanding of community member perceptions of healthcare in the region
- Target community organizations for collaborations

The CHNA Process



Methods of Identifying Health Needs

Collect & Analyze

Analyze existing data and collect new data



737 indicators collected from data sources



348 surveys completed by community members



506 comments received on actions taken since the previous CHNA

Evaluate

Evaluate indicators based on the following factors:



Worse than benchmark



Identified by the community



Impact on health disparities



Feasibility of being addressed

Select

Select priority health needs for implementation plan



Evaluation & Selection Process

Worse than Benchmark Measure 	Identified by the Community 	Feasibility of Being Addressed 	Impact on Health Disparities 
<p>Health needs were deemed “worse than the benchmark” if the supported county data was worse than the state and/or US averages</p>	<p>Health needs expressed in the online survey and/or mentioned frequently by community members</p>	<p>Growing health needs where interventions are feasible and could make an impact</p>	<p>Health needs that disproportionately affect vulnerable populations and can impact health equity if addressed</p>

North Country Region - Health Need Evaluation

	Worse than Benchmark	Identified by the Community	Feasibility	Impact on Health Disparities
Mental Health	✓	✓	✓	✓
Healthcare Services: Affordability	✓	✓	✓	✓
Access to Senior Services	✓	✓	✓	✓
Cancer	✓	✓	✓	✓
Heart Disease	✓	✓	✓	✓
Alzheimer's and Dementia	✓	✓	✓	✓
Diabetes	✓	✓	✓	✓

2022 Top Health Priorities for the North Country Region

Behavioral Health



Mental Health

- Mental health provider ratio: **C: 439:1 G: 194:1** (NH: 288:1)
- Suicide death rate (*per 100,000*): **C: 18.6 G: 12.9** (NH: 16.4)

Access to Healthcare



Affordability of Healthcare Services

- Uninsured: **C: 7.3% G: 6.9%** (NH: 5.8%)
- Children in poverty: **C: 19% G: 11%** (NH: 8%)

Access to Senior Services

- Population 65+: **C: 24.7% G: 21.6%** (NH: 19.2%)



Chronic Disease Management



Cancer

- Cancer mortality (*per 100,000*): **C: 184.3 G: 160.2** (NH: 145.0)
- Cancer incidence (*per 100,000*): **C: 484.3 G: 446.9** (NH: 479.3)

Heart Disease

- Heart disease mortality (*per 100,000*): **C: 213.9 G: 162.0** (NH: 146.5)



Alzheimer's and Dementia

- Alzheimer's mortality (*per 100,000*): **C: 33.6 G: 26.7** (NH: 26.1)

Diabetes

- Diabetes mortality (*per 100,000*): **C: 24.2 G: 17.7** (NH: 19.2)
- Adult obesity: **C: 34% G: 27%** (NH: 32%)



Note: C = Coos County, G = Grafton County