## To Learn More:

If you or a loved one would benefit from more information, please contact our Palliative Care Department:

Phone: (603) 788-5762

Fax: (603) 788-5238

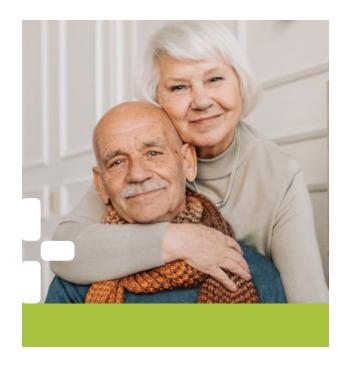
Let our patient-centered team partner with you to address your palliative care needs.





# Palliative Care Services

A specialized approach to medical care that benifits individuals and families living with a serious illness.





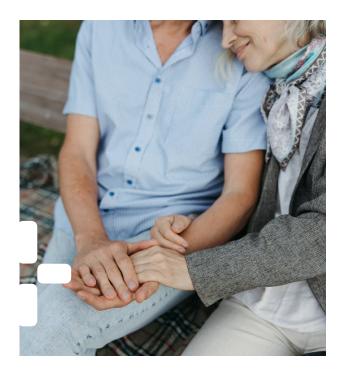
#### What is Palliative Care?

Palliative Care is specialized medical care that benefits individuals living with a serious illness. It focuses on providing guidance and support to decrease the symptoms and stress of a serious illness while improving quality of life for both the patient and family.

At Weeks Medical Center, our Palliative Care provider, Michele Lovell, DNP, APRN, FNP-C, works with patients and families, and a patient's other health care team members, to provide an extra layer of support. This support may come in the form of relief from distressing symptoms, clarifying and discussing choices for medical care, providing extra time for communication about goals and treatment options, and extending help with navigating the healthcare system.



Michele Lovell, DNP, APRN, FNP-C



# Is Palliative Care right for me or my loved one?

Palliative Care may be right for you if you have pain, shortness of breath, stress or other symptoms related to a serious illness. A serious illness includes heart disease, cancer, lung disease, kidney disease, dementia, and more. Palliative Care is appropriate at any age and at any stage in a serious illness, and is based on need, not prognosis. This form of care is offered in combination with other medical care treating your disease.

### Do I Need a Referral?

A referral to Palliative Care can be initiated by a:

- Patient (self-referral)
- Primary Care Provider (PCP)
- Specialist
- Emergency Department Provider
- Hospitalist
- Long-term Care Provider from a nursing facility

We offer appointments at our Patient Care Centers located in Lancaster and Colebrook, New Hampshire.

For more information, call 603.788.5762

Palliative Care Services