

October 2024



Suggestions? Email Brenda!
brenda.fontaine@northcountryhealth.org

NCH | Weeks Medical Center
north country healthcare



Sun

Mon




Tue

Wed

Thu

Fri

Sat

| | | | | | | |
|---|---|--|--|---|---|--|
| <p>Food Allergy? Ask one of our staff about the ingredients in your meal! Please Note - Items/Meals on this menu are <u>subject to change without notice</u> (V)= Vegetarian</p> | | 1 Chicken Burrito 5.00 Rueben 5.00 & Fries 1.50 | 2 Baked Potato Bar 5.00 Prime Rib 12.00 | 3 Chicken Melt 5.00 *Stuffed Flank Steak* & Scalloped Potato 10.00 | 4 Butternut Squash Risotto (v) 5.00 Open Face Turkey Sandwich 5.50 | 5 <i>Chef's Choice</i> |
| | | 6 <i>Chef's Choice</i> | 7 Stuffed Pepper 5.00 Meatball Sub 5.00 & Fries 1.50 | 8 <i>Southern Day</i>  | 9 Grilled Swordfish & Pineapple Salsa 6.00 *Weeks Burger* 5.00 & Fries 1.50 | 10 Mac & Cheese 4.50 Chicken Fingers 5.00 & Fries 1.50 |
| 13 <i>Chef's Choice</i> | 14 Pork Chop & Apple Cranberry Chutney with Mashed Potato 6.50 Meat Lasagna 5.50 or Veggie Lasagna (v) 4.50 | 15 Spinach & Artichoke Dip (v) 4.50 Chicken Bacon Ranch Pizza 3.00 | 16 Beef Stroganoff 6.50 Nacho Bar 5.00 | 17 BBQ Ribs & Mashed Potato 6.50 Veggie Panini (v) 4.00 | 18 Calzone 4.00 Seafood Stuffed Haddock Dinner 7.50 | 19 <i>Chef's Choice</i> |
| 20 <i>Chef's Choice</i> | 21 Turkey Pot Pie 5.00 BLT 4.50 & Fries 1.50 | 22 Broccoli Chicken Bake 5.00 Chili 4.50 & Cornbread 2.50 | 23 Meatloaf & Mashed Potato 6.00 Grilled Cheese & Tomato Soup (v) 5.00 | 24 <i>Asian Day</i>  | 25 Seafood Alfredo 8.00 Roast Beef Sandwich 5.50 & Fries 1.50 | 26 <i>Chef's Choice</i> |
| 27 <i>Chef's Choice</i>  | 28 Eggplant Parm (v) 5.00 Shepherd's Pie 5.00 | 29 Baked Ziti (v) 5.50 Cuban Sandwich 4.50 & Fries 1.50 | 30 Maple Bacon Pizza 3.00 Chicken Marsala 6.50 | 31 Pumpkin Bisque & Bread Bowl (v) 4.50 Grilled Chicken & Apple Stuffing 6.00 | <p>Consumer Advisory: We want to remind you that the consumption of raw or undercooked items may result in foodborne illness. "*" are items that may be undercooked.</p> | |