

January 2025

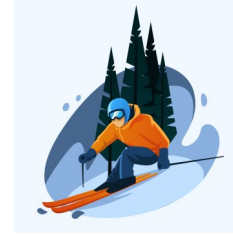


Sun

Mon

Tue

Wed





Suggestions? Email Brenda!
brenda.fontaine@northcountryhealth.org

NCH | Weeks Medical Center
north country healthcare

Thu

Fri

Sat

<p>Food Allergy? Ask one of our staff about the ingredients in your meal! <i>Please Note - Items/Meals on this menu are subject to change without notice</i> (v) = Vegetarian</p>		<p>Consumer Advisory: We want to remind you that the consumption of raw or undercooked items may result in foodborne illness. “*” are items that may be undercooked.</p>		1	2	3	4
				<i>Chef's Choice</i>	Meatloaf Dinner 6.50 Veggie Lasagna (v) 6.00	American Chop Suey 5.50 Mushroom Stroganoff 5.50 & Garlic Bread 2.50	<i>Chef's Choice</i>
5	6	7	8	9	10	11	
<i>Chef's Choice</i>	Chicken Stew & Biscuit 6.00 Veggie Stew (v) & Biscuit 4.00	Chicken Avocado Melt 5.50 Veggie Hummus Wrap (v) 5.50 & Onion Rings 2.50	Apple Cider Glaze Cranberry Pork Loin 6.50 with Au Gratin Potato 2.50 & Veggie 2.50 Stuffed Shells with Side Salad (v) 5.50	Teriyaki Beef Tips with Veggies & Sticky Rice 7.50 Lemon Butter Cod 7.00 & Asparagus 2.50	Chicken Tenders 5.50 & Fries 2.50 Vegetable Quesadilla & Spanish Rice 6.50	<i>Chef's Choice</i>	
12	13	14	15	16	17	18	
<i>Chef's Choice</i>	Stuffed Flank Steak with Veggie and Starch 7.50 Chicken Broccoli Alfredo 6.50	Soup Day: French Onion 4.00 Broccoli Cheddar (v) 4.00 Carrot Ginger (v) 4.00 Bread Sticks 3.00	Pot Roast & Gravy, Roasted Potato, & Veggie 7.50 Eggplant Parm (v) & Garlic Bread 6.00	<i>Southern Day 8.50</i> 	Popcorn Shrimp 7.50 & Fries 2.50 Chicken Caesar Wrap 5.50	<i>Chef's Choice</i>	
19	20	21	22	23	24	25	
<i>Chef's Choice</i>	Shepherd's Pie 5.50 Caprese Sandwich & Tomato Soup (v) 5.50	Philly Cheesesteak 5.50 Risotto (v) 4.00	<i>Calzone Day 5.50</i> 	Glazed Ham, Au Gratin Potato, & Veggie 6.50 Veggie Pot Pie (v) 5.00	French Dip & Fries 7.00 Fish n Chips 7.00	<i>Chef's Choice</i>	
26	27	28	29	30	31		
<i>Chef's Choice</i>	Chili & Corn Bread 6.00 Salmon with Lemon Dill Sauce, Rice, & Veggie 7.50	Taco Bar 6.00	Stuffed Chicken & Mashed Potato 7.00 Stuffed Mushroom (v) 5.00	Reuben 5.50 & Onion Rings 2.50 Mediterranean Sandwich 5.50 & Onion Rings 2.50	Pulled Pork Sandwich 5.50 & Potato Salad 2.50 or Pasta Salad 2.50 Mac n Cheese 5.50	