




July 2025

Suggestions? Email Brenda!
brenda.fontaine@northcountryhealth.org

NCH | Weeks Medical Center
north country healthcare

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Consumer Advisory: We want to remind you that the consumption of raw or undercooked items may result in foodborne illness. “*” are items that may be undercooked.		1 Open Faced Turkey Sandwich \$5 Honey Garlic Shrimp Bowl \$7.50	2 Sub Day \$5.50	3 Asian Day \$7.50	4 <i>Chef's Choice</i> 	5 <i>Chef's Choice</i>
6 <i>Chef's Choice</i>	7 Gyros \$5.50 BBQ Beef Brisket with Mashed Potatoes \$8	8 Mac and Cheese (v) \$5.50 Watermelon Salad (v) \$5	9 Meat Lasagna \$5.50 Veggie Lasagna (v) \$4.50	10 Ham Dinner \$6.50	11 Chicken Caesar Wrap \$5.50 Pulled Pork Sandwich w/ Coleslaw \$6	12 <i>Chef's Choice</i>
13 <i>Chef's Choice</i>	14 Sausage Pepper & Onion Sub \$5.50 Crispy Chicken Sandwich \$5.50	15 Taco Bar \$6	16 American Chop Suey with Garlic Bread \$6.50 Cobb Salad \$4.50	17 Maple Bacon Pizza \$3.50 Balsamic Steak Salad* \$7.50	18 Fish and Chips \$5.50 Meatball Sub \$5	19 <i>Chef's Choice</i>
20 <i>Chef's Choice</i>	21 Beef and Mushroom Stroganoff \$7.50 Hot Pastrami Sandwich with Chips \$5.50	22 Salad Bar by Weight	23 Chicken Parm with Garlic Bread \$5.50 Eggplant Parm with Garlic Bread (v) \$5	24 Salmon with Mango Salsa over Rice \$6.50 Steak and Berry Salad* \$6	25 Popcorn Chicken with Waffle Fries \$5.50 Caprese Sandwich (v) \$5.50	26 <i>Chef's Choice</i>
27 <i>Chef's Choice</i>	28 Hamburger with Fries* \$6 Hot Dogs with Fries \$5.50	29 French Dip with Onion Rings \$6.50 Honey Dipped Chicken with Mashed Potatoes & Veggie \$6.50	30 Lobster Roll Market Price Grilled Chicken with Mashed Potatoes & Veggie \$6.50	31 Stuffed Shells with Side Salad (v) \$5.50 Steak Tip Sub* \$7.50	Food Allergy? Ask one of our staff about the ingredients in your meal! Please Note - Items/Meals on this menu are subject to change without notice (v) = Vegetarian	