

March 2026



Suggestions? Email Brenda!
brenda.fontaine@northcountryhealth.org
NCH Weeks Medical Center
north country healthcare

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Chef's Choice</i>	2 Chicken and Waffles \$5.00 Grilled Cheese & Tomato Soup (v) \$5.50	3 Meat Lasagna \$5.50 Veggie Lasagna (v) \$4.50	4 Pot Roast Dinner \$6.50 Mac & Cheese (v) \$5.50	5 Sweet & Sour Meatballs over Rice \$5.50 BBQ Ribs & Mashed \$7.50	6 Fish & Chips \$5.50 Vermont Panini \$5.50	7 <i>Chef's Choice</i>
8 <i>Chef's Choice</i>	9 Stuffed Pork Loin w/ Potato & Veggie \$7.50 Cheese Ravioli (v) \$4	10 Taco Bar \$5.50 	11 Cheddar Broccoli Pasta Bake (v) \$4.50 Beef Stew with a Biscuit \$5.50	12 Beef Bolognese \$7.50 Vegetable Tortellini (v) \$6.50	13 Haddock Sandwich \$5.50 Sloppy Joes \$5.50	14 <i>Chef's Choice</i>
15 <i>Chef's Choice</i>	16 Maple Bacon Pizza \$3.50 Crispy Chicken Sandwich \$5.50	17 St Patty's Day Meal \$7.50 	18 Steak Caesar Wrap* \$6.50 Caprese Sandwich (v) \$5.50	19 Chicken Enchilada \$5.50 Specialty Burger* w/ Fries \$6.50	20 Teriyaki Salmon Rice Bowl \$6.50 Mushroom Stroganoff (v) \$4	21 <i>Chef's Choice</i>
22 <i>Chef's Choice</i>	23 Beef Burrito \$5.50 Chicken and Biscuit \$5.00	24 Bacon Wrapped Chicken with Veg \$5.00 Shepherd's Pie \$5.50	25 Asian Day \$7.50 	26 Mediterranean Plate (v) \$6.50 Grilled Sirloin* with Mashed Potato Market Price	27 Popcorn Shrimp \$8.50 Mushroom Risotto (v) \$4.00	28 <i>Chef's Choice</i>
29 <i>Chef's Choice</i>	30 Steak Tip Sub* \$7.50 Grinders \$5.50	31 Bahn Mi Sandwich \$6.50 Chicken Broc Alfredo & Breadsticks \$5.50				

Food Allergy? Ask one of our staff about the ingredients in your meal!
 Please Note - Items/Meals on this menu are subject to change without notice
 (v) = Vegetarian

Consumer Advisory: We want to remind you that the consumption of raw or undercooked items may result in foodborne illness. “*” are items that may be undercooked.