NCH north country healthcare | Weeks Medical Center

Lunch Menu

Week of November 2nd

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Beef Stew* *$4.00* ***Entrées*** *Chicken Pot Pie $5.50* *or* *Veggie Pot Pie $4.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Green Beans $2.50* *Roasted Sweet Potatoes $2.50*	***Soup*** *Roasted Butternut Squash* *$4.00* ***Entrées*** *Fall Harvest Salad $5.50* *or* *Shepherd's Pie $5.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Mashed Potatoes $2.50* *Broccoli $2.50*	***Soup*** *Beef Stew* *$4.00* ***Entrées*** *Chicken Florentine $5.50* *or* *Beef Tips* $7.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Mashed Potatoes $2.50* *Zucchini and Summer Squash Medley $2.50*	***Soup*** *Roasted Butternut Squash* *$4.00* ***Entrées*** *Cheese Ravioli $5.00* *or* *Chicken Parm $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Side Salad $2.50* *Garlic Bread $2.00* *Balsamic Glaze Brussel Sprouts $2.50*	***Soup*** *Beef Stew* *$4.00* ***Entrées*** *Mac n Cheese $5.50* *or* *Baked Salmon $6.00* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Rice $2.50* *Vegetable of the Day $2.50* *Fruit Salad $2.50* *(Week of November 9th, next page)*

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Lunch Menu

Week of November 9th

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Lentil $4.00* ***Entrées*** *Seared Chicken $5.50* *or* *Turkey Pot Pie $5.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Scalloped Potatoes $2.50* *Roasted Squash $2.50*	***Soup*** *Chicken Noodle $4.00* ***Entrées*** *Meatball Sub $6.00* *or* *Veggie Lasagna $5.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Onion Rings $2.50* *Bread Sticks w/ Marinara $3.00*	***Soup*** *Lentil $4.00* ***Entrées*** *Jambalaya $5.50* *or* *Grilled Flank Steak* $7.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Rice $2.50* *Vegetable of the Day $2.50*	***Soup*** *Chicken Noodle $4.00* ***Entrées*** *Chicken Broccoli Alfredo $5.50* *or* *Seafood Chowder in a Bread Bowl $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Garlic Bread $2.50* *Side Caesar Salad $3.00*	***Soup*** *Lentil $4.00* ***Entrées*** *Grilled Veggie Panini $5.50* *or* *Wing Day $0 .50 Per Wing* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *French Fries $2.50* *Potato Salad $2.50* *(Week of November 16th, next page)*

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Lunch Menu

Week of November 16th

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Rosemary Bacon and Gnocchi $4.00* ***Entrées*** *Chicken Cordon Bleu $6.00* *or* *Cobb Salad $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Mashed Potatoes $2.50* *Vegetable of the Day $2.50*	***Soup*** *Country Tomato $4.00* ***Entrées*** *Chicken Stir Fry over Rice $6.50* *or* *Vegetable Stir Fry over Rice $5.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Rice $2.50* *Egg Rolls $2.50* *Crab Rangoon's $3.50*	***Soup*** *Rosemary Bacon and Gnocchi $4.00* ***Entrées*** *Manicotti $5.50* *or* *BBQ Ribs $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Mashed Potatoes $2.50* *Vegetable of the Day $2.50*	***Soup*** *Country Tomato $4.00* ***Entrées*** *Taco Bar $6.50* *or* *Sweet Chili Chicken Wraps $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Churros $2.00* *Chips, Guac and Salsa $2.50*	***Soup*** *Rosemary Bacon and Gnocchi $4.00* ***Entrées*** *BBQ Pulled Pork Sandwich $5.50* *or* *Creamy Dijon Rosemary Chicken over Rice $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Onion Rings $2.50* *Rice $2.50* *Baked Beans $2.50* *(Week of November 23rd, next page)*

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Weeks Medical Center

north country healthcare

Lunch Menu

Week of November 23rd

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Cheddar Broccoli $4.00* ***Entrées*** *Reuben Sandwich $6.50* *or* *Apple Cider Pork $5.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Sweet Potato Fries $2.50* *Stuffing $2.50* *Vegetable of the Day $2.50*	***Soup*** *Clam Chowder $4.00* ***Entrées*** *Baked Potato Bar $6.60* *Or* *Honey Mustard Chicken Salad on a Croissant $6.50* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Jalapeno Poppers $2.50* *Onion Rings $2.50*	***Soup*** *Cheddar Broccoli $4.00* ***Entrées*** *Italian Grinder $5.50* *Or* *Cranberry Spinach and Cheese Stuffed Chicken $6.00* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Roasted Sweet Potatoes $2.50* *Mashed Potatoes $2.50*	 ***Happy Thanksgiving*** ***Soup*** *No Soup Today* ***Entrées*** *Thanksgiving Meal $10.00* ***Complimentary Meal For Working Staff*** ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *No Sides*	***Soup*** *Cheddar Broccoli $4.00* ***Entrées*** *French Dip Sandwich $6.50* *Or* *Stuffed Shells $5.00* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *Side Caesar $3.00* *Vegetable of the Day $2.50* *(Week of November 30th, next page)*

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Lunch Menu

Week of November 30th

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Chicken and Rice $4.00* ***Entrées*** *Turkey, Apple & Cheddar Melt $6.50* *Or* *Poutine Bar Market Price* ***Salad*** *Garden $3.50* *Grilled Chicken $4.50* *Chef $5.00* ***Sandwich Bar*** *Price varies by sandwich* ***Sides*** *French Fries $2.50* *Potato Salad $2.50* *Vegetable of the Day $2.50*				

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